



# SAFETY COACHING

## AN ILM-ENDORSED PROGRAMME FOR YOUR WORKPLACE

### Reduce risk and embed best practice

Let us develop key individuals in your organisation to lead the safety culture the right way. We give them the skills and confidence to coach and embed the right safety behaviours across the workforce. Creating a culture of safe success, participants will challenge unsafe behaviours and situations, coaching others to **want to work safely** each time, **every time**.

Are your staff making the right decisions every time?

Are people having the right conversations?

**Who is really dictating your safety culture?**

What will the next unsafe action lead to?

Endorsed by the **Institute of Leadership and Management (ILM)**

**High Impact**, powerful development

A partnership approach to ensure **critical success factors** are put in place

Coaches that return to work **motivated to sustain the change**



Keystone

**KEYSTONE TRAINING LTD**

07538 092 583

[jo.raishbrook@keystonetrainingltd.co.uk](mailto:jo.raishbrook@keystonetrainingltd.co.uk)

[www.keystonetrainingltd.co.uk](http://www.keystonetrainingltd.co.uk)

# PROGRAMME FRAMEWORK

## CONTENT

### 2 Day Programme

Introduction to coaching  
Psychology of Communication  
Direct and indirect coaching  
Leadership styles  
Situational Leadership  
Company policy and procedure analysis  
GROW  
Rapport  
Realplay actor facilitator exercises - challenging the coaches to put it into practice  
Scenario and Case Study exercises  
Coaching Diary

### 4 Day Programme (As 2 Day content plus)

Residential Sessions  
Bradley Curve  
Heron's Intervention Styles  
Assertiveness  
Influencing Skills  
Learning Action Groups  
Health and Safety at Work Act  
Realplay Clinic – Bespoke surgery to explore work based challenges arising after completing coaching diary  
Motivation theory  
Leading change  
Participant Presentations

*\*Content and material can be created to attend to bespoke needs via additional design.*

*"I have attended a few behaviour/coaching training sessions but thought this was the most informative"*

*"Extremely interesting and thought-provoking course. Will definitely be integrated into everyday work"*

*"Overall this is one of the best courses I have had the privilege to be a part of. The tutors deliver the course well and I have gained a lot from the two days."*

## COSTS (MINIMUM OF 8 DELEGATES PER PROGRAMME)

Programme	ILM per delegate cost	10% Discount for 2 or more programmes	Non ILM per delegate cost	10% Discount for 2 or more programmes
2 Day	£663.50	£597.15	£487.50	£438.75
4 Day	£1138.50	£1024.65	£962.50	£866.25

The above costs include all materials and programme management duties. Any bespoke design requirements to be discussed with you.