



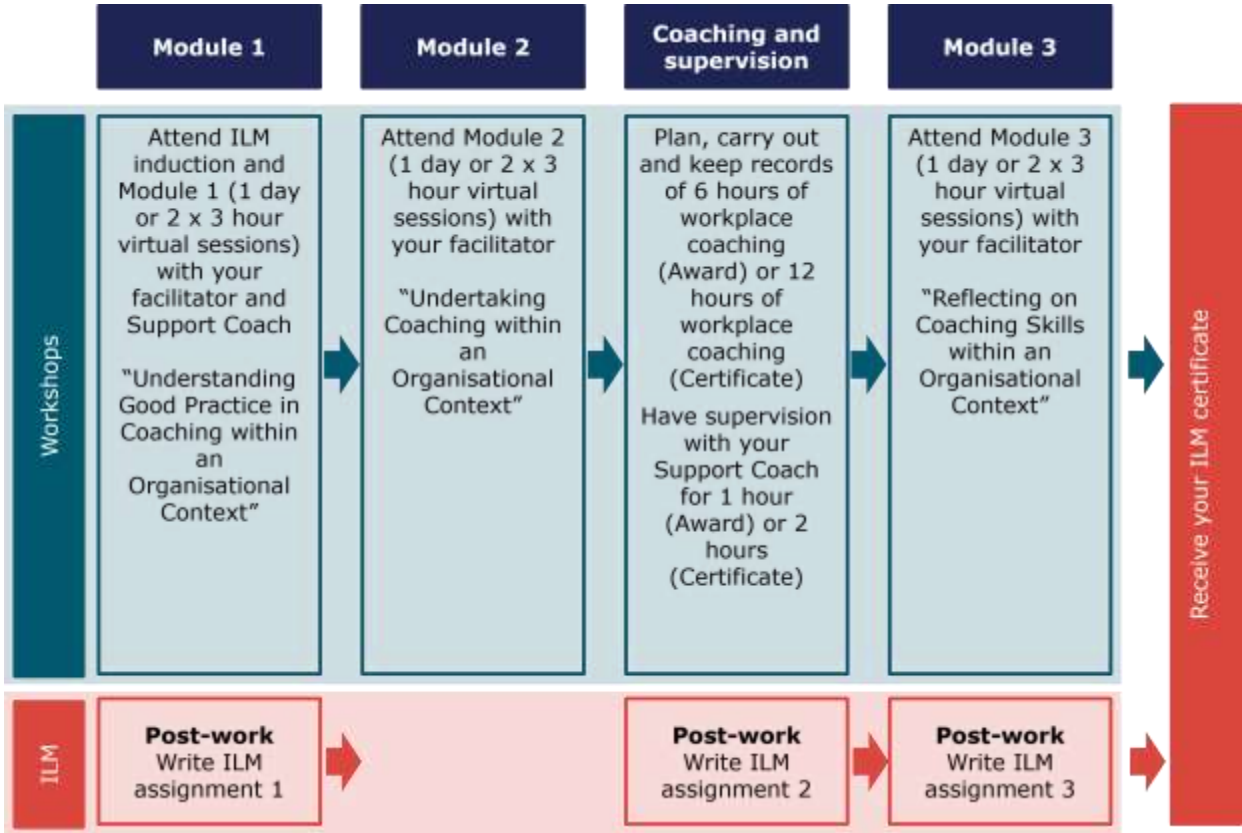
ILM Level 3 Award and Certificate in Effective Coaching



The ILM is the UK's leading specialist provider of accredited qualifications in leadership, management and coaching. They have over 50 years' experience in leadership development and have helped over a million people to gain internationally recognised



Schedule





What are the assignments?

1

Assignment 1: Understanding Good Practice in Coaching within an Organisational Context

You are about to become an internal coach in an organisational setting. This assignment asks you to show that you understand what coaching is, its purpose and potential, along with information about the coaching role, requirements, processes, tools, techniques, recording systems and standards for best practice. This will provide an opportunity for you to show your knowledge and understanding gained from your learning programme, own experience and wider reading.

2

Assignment 2: Undertaking Coaching within an Organisational Context

You are asked to plan and prepare for coaching others, carry out 6 hours of coaching with no more than two people, record the evidence of this coaching using templates we supply to you, and have one hour of supervision part-way through your coaching practice hours to reflect on your experiences so far and gain helpful feedback. You will then write about your coaching experience in your assignment. Your coaching records and supervision feedback will be given as evidence in appendices, with coachee names and identifying details redacted.

3

Assignment 3: Reflecting on Coaching Skills within an Organisational Context

Having completed your coaching practice hours and written about them in assignment 2, you are now asked to review your coaching skills holistically. You will examine the effectiveness of your own coaching practice, identify your strengths and weaknesses, identify future development opportunities and create a Personal Development Plan.