

CMI LEVEL 7 AWARD IN STRATEGIC APPROACHES TO MENTAL HEALTH AND WELLBEING

QUALIFICATION FACTSHEET

7A33

CMI Level 7 Award in Strategic Approaches to Mental Health and Wellbeing

603/5607/8

» QUALIFICATION OBJECTIVE

This qualification is designed for leaders to understand the impact of mental health and wellbeing on organisational performance. Leaders will critically assess the complexities of managing wellbeing and will appraise contemporary approaches for the creation of healthy work systems. The unit culminates in leaders being given the opportunity to propose a series of recommendations to create and sustain a positive culture of mental health and wellbeing within an organisational context.

Role and responsibilities may also include but are not limited to taking responsibility for people, projects, operations and/or services to deliver organisational success. They will have the professionalism to deliver impact, behave ethically and demonstrate a commitment to continual learning and development.

The qualifications have been designed for practising or aspiring managers in roles such as:

- Senior Manager
- Regional Manager
- Specialist Manager (with expertise in a specific business or technical function such as quality, finance, risk, marketing, sales IT, human resources etc.)
- Director
- CEO

The aim of the unit is for leaders to understand the impact of mental health and wellbeing on organisational performance. Leaders will critically assess the complexities of managing wellbeing and will appraise contemporary approaches for the creation of healthy work systems. The unit culminates in leaders being given the opportunity to propose a series of recommendations to create and sustain a positive culture of mental health and wellbeing within an organisational context.

» KEY DATES

This qualification is regulated from 1st April 2020 and the operational start date in CMI Centres is 1st April 2020. The qualification review date is 30th June 2024.

» RULES OF COMBINATION

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Learners must complete one mandatory unit worth a total of **70** TUT hours - to achieve this qualification.

The Total Qualification Time (TQT) for this qualification is 70 hours, of which there are 18 hours of Guided Learning (GLH).

Unit No	Unit Title	GLH	TUT	CRD
716	Strategic Approaches to Mental Health and Wellbeing	18	70	7